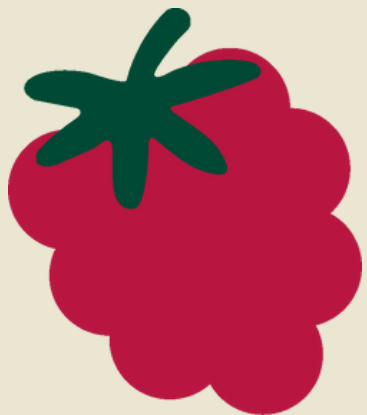




*Veda*

ORGANIC  
EST. 2018



FRESH JUICES  
& ORGANIC FOODS

*FROM  
SOIL  
TO  
SOUL*



All our menu items are 100% made of organic certified products

Organic Sourdough & Gluten Free Breads



WWW.VEDAORGANIC.ES  
@VEDAORGANICMADRID

## TOASTS

Butter & Sugar free Jam (6) - 4.5€

Fresh Crushed Tomato with Extra Virgin Olive Oil Vegan - 4.5€

Sliced fresh Avocado, tomato, Sprouts & Black Sesame Vegan (8) - 8.9€

Sliced fresh Avocado, Veda Hummus & Black Cumin Seeds Vegan (8) - 9.5€

Scrambled Eggs & Serrano Ham (3) - 10.9€

Mozzarella Cheese, Crushed Tomato, Sprouts, Parsley Pesto & Hemp Seeds (6)(9) - 9.9€

Vega Sheese, Dates, Maple Syrup & Crashed Pistaccio (6)(9) - 10.5€

Smoked Salmon, sliced Avocado, Cucumber, Dill Sauce & Walnuts (1)(4)(9)(10) - 14.9€

100% Acorn-Fed Iberian Cured Ham with fresh crushed Tomato - 14.9€

## CORN or BUCKWHEAT CROISSANT

Butter & Sugar free Jam (6) - 5.9€

Cooked Ham & Gouda Cheese | Turkey Breast +1€ (6) - 7.9€

Turkey Breast, Scrambled Eggs & Sprouts (3) - 11.9€

Smoked Salmon, Spinach, Dill Sauce & Sliced Avocado (1)(4)(10) - 13.9€

Cocoa & Hazelnuts Cream, Red Berries, Banana & Pistaccio (6)(9) - 12.9€

## **QUINUA SLICED BREAD SANDWICHES**

Cooked Ham & Double Gouda Cheese | Turkey Breast + **1€ (6)** - **7.9€**

Cooked Ham, Gouda Cheese, Tomato, Cucumber & Sprouts | Turkey Breast + **1€ (6)** - **8.9€**

Serrano Ham, Gouda Cheese, Tomato, Sprouts & Veda Sauce **(1)(6)** - **9.5€**

Vegan Sheese, Avocado, Cucumber, Tomato & Sprouts Vegan **(1)(9)** - **9.5€**

Tuna, Sliced Cucumber, Veda Sauce & Sprouts **(1)(10)** - **10.5€**

Smoked Salmon, Sliced Avocado, Spinach & Dill Sauce **(1)(4)(10)** - **12.9€**

## **FREE RANGE ORGANIC EGGS**

**WITH BREAD AND CRASHED TOMATO**

Scumbled / Fried eggs with spinach & Parmesan **(6)** - **12.9€**

Scrambled eggs with dried tomato & Parmesan **(6)** - **12.9€**

Scrambled eggs with Gouda & Parmesan **(6)** - **12.9€**

Scrambles / Fried eggs with Bacon - **12.9€**

Eggs Benedict on Brioche Bread, Gouda Cheese, Cooked Ham, Poppy Seeds & Veda Sauce **(1)(6)** - **14.9€** |

Smoked Salmon **(10)** + **2.5€** | Turkey Breast + **1€**

Serrano Ham + **2€** |

## **EXTRAS**

| + Poached egg 2.5€ | + Cooked ham 3€ | + Honey 1.5€

| + Turkey Breast 3.5€ | + Avocado 4.5€ | + Feta 3.9€

| + Hummus 3.9€ | + Scumbled eggs 4.5€

| + Serrano Ham 4.5€ | + Smoked Salmon 5.5€ | + Bread 2.5€

## SALADS

**GREEK:** Cherry tomatos, Cucumber, Red Pepper, Feta, Kalamata Olives & Hemp Seeds **(6) - 15.5€**

**VEDA:** Green Lettuce, Mozzarella, Cherry Tomatos, Carrot, Apple, Nuts & Raisins dressing **(6)(9) - 14.5€**

**MEDITERRANEAN:** Organic Tomato, Sliced Avocado, Mackerel, Capers & Parsley dressing **(10) - 16.9€**

## HOUSE SPECIALITIES

Vegetables daily Cream topped with Seeds, Pumpking Seeds & Sprouts **Vegan - 8.9€**

Baked Sweet Potato Cubes with Veda Sauce & Feta **(1)(6) - 12.9€**

Homemade Hummus made with roasted veggies & Black Cumin Seeds **Vegan (8) - 12.9€**

## HEALTHY BOWLS

Seasonal Fruit Bowl **Vegan - 6.9€**

**GREEK YOGURT BOWL** Homemade Granola, Red Berries, Kiwi, Banana, Sugar Free Jam & Poppy Seeds **(6)(9) - 9.9€**

**BIOGURT COCONUT BOWL** Homemade Granola, Red Berries, Kiwi, Banana, Sugar Free Jam & Poppy Seeds **Vegan (9) - 9.9€**

Our **HEALTHY BOWLS** include:

Homemade Granola, Red Berries, Kiwi, Banana, sliced coconut, Poppy Seeds & Peanut Butter **(7)(9) - 9.9€ | XL - 14.9€**

Choose your base:

**ACAI | PINK PITAYA | MATCHA | BLUE SPIRULINA**

## PANCAKES

Sugar Free Homemade Oatmeal Pancakes served with Berries, Banana, Maple Syrup & Nuts **(3)(9) - 14.9€**

## PINK LOVE

CHOCO POWER **(6)(9)**

## CAKES

Ask for our Homemade Cakes - **4.9€**



FROM  
THE  
*earth*  
TO YOUR  
CUP

## **FRESH JUICES**

280 ML. 5.5€ | 380 ML. 7.5€

### **VITAMINA**

Orange, Carrot, Lemon & Ginger

### **ENERGY**

Beetroot, Apple, Carrot & Ginger

### **FRESH MINT**

Apple, Orange, Mint & Lime

### **DETOX**

Celery, Apple, Cucumber, Lemon & Ginger (2)

### **GREEN**

Spinach, Celery, Apple & Lime (2)

### **SUPER CLEANSE**

Spirulina, Apple, Cucumber, Lemon & Ginger

### **ORANGE JUICE or APPLE JUICE**

## **SMOOTHIES**

280 ML. 6.5€ | 380 ML. 8.5€

### **PINK LOVE**

Strawberry & Banana

### **COCOLOCO**

Mango, Banana & Coconut

### **ENERGY BOOSTER**

Red Berries, Banana & Dates

### **AMAZONIA**

Açaí Pulp, Orange & Banana

### **AVOCADO WAKE UP**

Avocado, Banana & Chia Seeds

### **VEDA'S PROTEIN**

Nuts, Banana, Coconut, Dates & Cinnamon. (9)

## **SPECIALTY ORGANIC COFFEE**

Espresso – **2.5€**  
Americano – **2.8€**  
Macchiato – **2.8€**  
Cafe Latte – **2.8€ | XL 3.5€**  
Cappuccino – **3.5€**  
Flat white – **3.5€**  
Moca – **4.9€**  
Tea | Infusion – **3.5€**

## **SUPERFOOD LATTES**

Chai Latte - **4.9€**  
Matcha Latte - **4.9€**  
Golden Latte - **4.9€**  
Pink Latte - **4.9€**  
Blue Spirulina Latte - **5.9€**  
Pistaccio Latte **(9)** - **5.9€**  
Cocoa Milk - **3.9€**

## **ORGANIC ICED DRINKS**

Iced Latte - **4.5€**  
Iced Chai - **4.9€**  
Iced Matcha - **4.9€**  
Iced Golden - **4.9€**  
Frappé - **6.5€**  
Frappé Mocca - **6.9€**

+ **Lactose Free 0.30€**  
+ **oat | soy 0.60€**  
+ **almond | coconut 0.80€**  
+ **XL 0.50€**  
+ **extra shot 1€**

## **DRINKS**

Homemade Lemonade - **4.9€**  
Water | Sparkling or Tonic - **2.5€ | 3.5€**  
Kombucha | LemonAid - **4.5€**  
Bio Sodas - **3.9€**  
Craft Beer - **4.5€**  
Red | White Wine **(12)** - **4.9€**



**PLEASE PLACE YOUR  
ORDER AT CHECKOUT**

## TABLA DE ALERGÉENOS

- |             |                  |
|-------------|------------------|
| (1) Soy     | (7) Peanuts      |
| (2) Celery  | (8) Sesame seeds |
| (3) Eggs    | (9) Nuts         |
| (4) Mustard | (10) Fish        |
| (5) Gluten  | (12) Sulfites    |
| (6) Lactose |                  |

OUR PRODUCTS ARE NOT SUITABLE FOR CELIACICS  
OR GLUTEN ALLERGICS | CROSS - CONTAMINATION  
MAY EXIST

FROM THE *earth*  
TO YOUR CUP